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*****NEWS RELEASE*****

COMMUNITY ACTION ENERGY FAIR

Learn how reduce energy costs and increase the warmth, comfort and safety of your home at Community Action's 8th Annual Energy Fair, Saturday, October 23rd, 2010, 9:30 a.m.-2:00 p.m. at Lincoln Street Elementary School, 801 NE Lincoln St., Hillsboro, OR 97124. This event is free and open to everyone in the community. Information will be in English and Spanish.

There are activities for children, including free face-painting and a drawing contest. Hourly door prizes include Sears' gift cards and Shute Park Aquatic Center passes. There will be free coffee and pastries in the morning. NW Natural will once again be grilling up a free hot dog lunch.

Workshops will cover a range of topics including Safety Kid Training, Furnace Basics, Eating for Good Health, and Mold Control in Your Home. New this year, Oregon State University Extension Services will present "Heart Smart Jungle Jam", an interactive program that teaches kids and their family about making choices to eat smart, play hard and have fun. Ivan Camacho with the help of Master Recyclers is presenting "Enviro-Bingo". Nuestro Canto will be presenting an entertaining, bilingual performance of legends of Mexico. Pacific University Optometry will be giving free eye exams. Tuality Health Care will be doing free blood pressure and cholesterol screenings.

Presenters will include Community Action, Citizens Utility Board, City of Hillsboro, Construction Contractors Board, Ecumenical Ministries, Elders in Action, Green Mountain Energy, Guard a Kid, Hillsboro Family Resource Center/Youth Contact, Forest Grove Family Resource Center, Hillsboro Fire & Rescue, Hillsboro Police, Home Plate, Ivan Camacho, Joint Water Commission, NW Natural, Oregon State University Extension Service, Pacific University Optometry, Partners for a Hunger Free Oregon, PGE, Rebuilding Together, Rex Heating, Sears, Stubb Stewart State Park, Tualatin Valley Gleaners/Oregon Food Bank, Tuality Health Care, Virginia Garcia Memorial Health Center, Washington County Cooperative Library Services, Washington County Cooperative Recycling Program, Washington County Sheriff, and WorkSource Oregon.

Community Action is a 45-year-old non-profit organization that works in partnership with the community to assist low-income people. Programs include weatherization, energy assistance, early childhood education, prenatal health care outreach, housing and homeless services, child care resources and referral, and information and referral. For more information about how we serve the community, visit www.communityaction4u.org or call Chris Holmstedt (503) 693-3254.